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# SIAND NELSUN



view this newsletter on-line at www.monthly-media.com

#### FOR AD RATES & INFO 727-484-7488 • info@monthly-media.com

#### **Island in the Sun Community Newsletter**

This publication, Island in the Sun Sentinel, also referred to as the Monthly Media, contains names, contact information, community articles and information, an activities calendar as well as general interest articles. IITS residents can contribute ideas, articles, and photos to the publication. Contact Linda Olone at 727-214-7334, email linda.olone@gmail.com, or Lot 73

Manager Editor: Linda Olone

Media Delivery Team: Nancy Bilcheck, Ernie Grow, Roy and Jan Wisdom, Sudie Borders, Cheryl D'Andrea; Sue Morley; Mike Malliet; Colleen Marshall, Cynthia Sadusky, Phil Tursi, Sonny Dumlao and Cecile Morock

**Proofreader**: Rusty Leslie

February 2025 Media Deadline January 4, 2025

Please e-mail articles and photos submissions to: iits.senttinel@gmail.com

You can also drop off articles not sent via e-mail at Lot 297.

#### Representative to the Federation of Manufacturers Home Owners (FMO):

Need Volunteer

Please submit corrections to <u>linda.olone@gmail.com</u> or report to an HOA Board member.

#### Island in the Sun HOA Board

President	. Tammy Blaisse	Lot 297	580-301-4828	tammy.blaisse@yahoo.com
Vice-President	. Rusty Leslie	Lot 310	865-232-9072	kohanadancer@gmail.com
Treasurer	. Cathy Ralston	Lot 184	203-257-3376	iitshoatreasurer@yahoo.com
	. Ken Gonska			<b></b>
1 yr	. Steve Malara	Lot 202	732-977-4867	smbombers@aol.com
	. Pattie McDonough			
	. Trish Kurinsky			21 02

#### Non-Board Positions

Robo Call	. Jill Norwick	Lot 253	727-243-4592	jillnorwick@yahoo.com
				3 0,
	Chrissie Riley	Lot 290	404-353-1801	chrissiegriley@gmail.com
				y @g
Neighbor Helping Nei	ighbor	OPFN		

#### **Committees**

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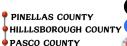


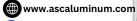
36



- Patio covers
  - Awnings
- Windows
- Shutters
- Doors

Philippians 4:13





ascaluminum 🚹







#### FROM THE EDITOR

Linda Olone

Tello IITS!!

Happy New Year! Time to make those resolutions you may or may not keep! Still Fun! I'm still looking for resident participation for this monthly media guide.

"When you get involved with something meaningful, you make your life count" Paul Rogan Loeb You don't have to be a writer to submit something. Thank you to my "every" monthly contributors, Tammy Blaisse and Rusty Leslie. I also want to thank Roy Wisdom and Ken Brody for submitting articles for this month's edition. Hopefully we can see more from them as well.

Please send any articles, suggestions, or photos to me at linda.olone@gmail.com or stop by Lot 73. If you would like to be highlighted or have a resident event highlighted in an upcoming edition for any of our sections, please let me know.

Thank you - Linda Olone – <u>linda.olone@gmail.com</u> – 727-214-7334.

#### **Presidents Message**

From the HOA president:

Tappy New Year everyone!

I hope everyone had a safe and enjoyable holiday season. The activities committee has been busy planning events for next year, they sound like a lot of fun!

It is time to start thinking about paying your dues for this year. HOA dues are still only \$15 a year and should be paid by February 1st. Remember, if you want to vote for your board next year or on any issues you need to become a member. Your membership allows you to have a voice in how the HOA is run, provides the community as a whole to have a louder voice with Cal-Am when needed, such as community issues and negotiations which are in a few short months. Please see Cathy at Lot 184, myself at Lot 297, or bring your dues to a HOA meeting.

I have been asked to remind everyone; the rules state we are not to walk on other peoples lots. There have been numerous complaints about people walking between homes, this area is not a throughway, half belongs to one side and the other half belongs to the other home. When you walk through that area especially at night or dusk you are making the homeowners very nervous. Please use the sidewalks that we cannot park on.

Please reach out to your Board Members if you have any questions or concerns, we will all do our best to help you.

Tammy Blaisse tammy.blaisse@yahoo.com



PRESIDENT



As we step into a new year, it's the perfect time to reflect on our health and well-being. We believe that hearing is not just about sound — it's about connection, joy, and living life to the fullest.

If you missed out on conversations and festivities during the holidays, it's not too late to make a change.

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#### **Appreciating Your Year: A New Year's Review**

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Tew Year's Eve is an exciting time to look towards the future and dream about a brighter tomorrow. But often, we forget to appreciate the year that has just passed.

Odds are you've had many wonderful experiences over the year that deserve a little

Odds are you've had many wonderful experiences over the year that deserve a little reflection. If this exercise seems odd to you, try the following to look back fondly over the last twelve months:

- Celebrating Your Achievements Everyone accomplishes something in life. Make a list of what you have done, goals you have reached, and projects you have completed.
- Hurdles Cleared It's easy to dwell on the challenges we face. But many of those challenges have been overcome, and that hard work deserves recognition. Write them down.
- Gratitude Grades We typically only think of what we are grateful for during Thanksgiving. But there are so many things to be grateful for that have filled our lives over the last year. Make notes of what you're grateful for.

When you have finished your list, we hope that you are proud of yourself and the life you've lived this eventful year. Take care, and Happy New Year.

#### FROM THE ACTIVITIES COMMITTE:

#### 4 ways to find out all about our events:

- 1. Make sure you sign up for the robocalls as well, as event information is being sent via robocall, too. Contact Chrissie Riley at chrissiegriley@gmail.com or Tammy Blaisse at tammy.blaisse@yahoo.com with your lot #, telephone number and name to join the list. These numbers are shared with no one.
- 2. Check out the Marquee at the park entrance by the clubhouse for upcoming events. HOA Events and announcements are located on the front and Resident Sponsored Activities are located on the back, if you would like your activity listed on the back please let Tammy Blaisse know.
- 3. The calendar is kept current in the glass case at the Clubhouse.
- 4. Please join any or all of these IITS Facebook Groups, we post activities on these pages only.
  - a. Island in the Sun Social Group
  - b. IITS uncensored, sort of
  - c. The Official Island in the Sun HOA (HOA Members only) This page is only for HOA business.

Please contact the activities committee for activities you would like to start at mcdonoughpattie@gmail.com, chrissiegriley@gmail.com We will provide you with help to get started.

## A Complete Listing of Resident Services can be found on the page before your calendar

#### **OPEN POSITIONS:**

Te have a few open positions if you are interested in volunteering for anything.

**NON-Board Positions** 

1. We need volunteers for Bingo. Please call Linda at 727-214-7334.

- 2. Remembrance Corner OPEN Need this person to report obits to Rusty Leslie for adding to Media Guide and so we are able send a card from the community.
- 3. Neighbor Helping Neighbor OPEN need Volunteers.

#### SAVE THE DATE FOR THESE HOA EVENTS

i everyone. The Activities committee has the following activities planned for each month this Lupcoming year.

Volunteers are always needed to host, set up and tidy up – please let Pattie, Chrissy or Rusty know if you would like to help out at any of these events.

Thank you to all those who volunteer their time to make these events great for our community.

January 18th 3pm - Caribbean Party

Our wonderful Chefs (Jude and Lori) are preparing

Jerk Chicken with Pineapple Sauce or Chicken with Pineapple Sauce,

Rice, Sodas, Water, BYOB

\$15.00 for the meal

February 15th 7pm Can-Am Appreciation - More to come

March - Community Yard Sale Date will be provided once approved by Cal-Am

March – March Madness Game Day, Date TBD

There will be numerous fun and different games to play with prizes

Popcorn/Snow Cones and chips to be provided

**April – Community Scavenger Hunt** 

Items will be hidden around the community - More to come

May -Kentucky Derby Party and Memorial Day picnic If we can get a host for the Memorial Day picnic!

June - Pool party with Games - More to come

July - Back to School Pizza Party - More to come

August - Breakfast at the Clubhouse - More to come

September 1st, 11 am Labor Day Cookout - More to come

October 31st 6:30 PM Halloween Golf Cart parade and Party immediately afterwards

November – Arts & Craft Fair with lunch for sale

November - Collecting items for our Veterans, will be taken to the Veterans before Thanksgiving

**December 31st New Years Eve Party - More to come** 

We need hosts for many of these events or they cannot happen as planned. The HOA cannot afford to continue to support events without hosts and participation. I know many people are unable to host, but we have a lot of able-bodied people who can host or co-host. Once you try it, you'll find it is not as tough as you would imagine, the activities committee will always be there to help and guide you through the process.

## ARE YOU PAYING TOO MUCH FOR AUTO INSURANCE?

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Romance Scams

Romance scams occur when a criminal adopts a fake online identity to gain a victim's affection and trust. The scammer then uses the illusion of a romantic or close relationship to manipulate and/or steal from the victim.

The scammer's intention is to establish a relationship as quickly as possible, endear himself to the victim, and gain trust. Scammers may propose marriage and make plans to meet in person, but that will never happen. Eventually, they will ask for money.

If someone you meet online needs your bank account information to deposit money, they are most likely using your account to carry out other theft and fraud schemes.

#### Tips for Avoiding Romance Scams:

- Be careful what you post and make public online. Scammers can use details shared on social media and dating sites to better understand and target you.
- · Research the person's photo and profile using online searches to see if the image, name, or details have been used elsewhere.
- Go slowly and ask lots of questions.
- Beware if the individual seems too perfect or quickly asks you to leave a dating service or social media site to communicate directly.
- · Beware if the individual attempts to isolate you from friends and family or requests inappropriate photos or financial information that could later be used to extort you.
- Beware if the individual promises to meet in person but then always comes up with an excuse why he or she can't. If you haven't met the person after a few months, for whatever reason, you have good reason to be suspicious.
- · Never send money to anyone you have only communicated with online or by phone. ReportFraud.ftc.gov

Report Imposter Scams Online to the Federal Trade Commission

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#### RESIDENT ACTIVITIES ANNOUNCEMENTS

hese activities are not HOA or Cal-Am sponsored activities. They are resident led.



- The Boys who Brunch meet monthly. The restaurant, date and time are announced on various IITS Facebook pages, sign up is online or at the Clubhouse.
- The Ladies who Lunch meet monthly. The restaurant, date and time are announced on various IITS Facebook pages, sign up is online or at the Clubhouse.
- Like to shoot pool? Every Saturday at 10 am there is a group who play 8 or 9 ball at the clubhouse. They are always looking for new players.
- Texas hold 'em Poker is played in the clubhouse on Sundays, Wednesdays, and Fridays at 6:30 pm. Come prepared to have fun.
- Bingo NEW DATES PENDING in the clubhouse.
- LRC 3rd Tuesday of every month bring your dollars!
- Anyone wanting a resident activity to be spotlighted in the Media Guide please contact Linda Olone.

See the calendar in the Media Guide or on the clubhouse board for upcoming daily activities, HOA activities and Cal-Am activities.

**Please note:** the 2 calendars don't always sync up, so if in doubt, please call Rusty Leslie for HOA activities, and the Cal-Am front office for Cal-Am activities.

#### **Ladies Lunch**

Cindy Sadusky

In The Sun get together on the 3rd Thursday of every month, at noon, to enjoy lunch together at various restaurants around the Clearwater area. I will normally post the location for the current month's lunch approximately



2 weeks before the date of the lunch. I will announce the date and restaurant on 3 Facebook groups: Island In The Sun Social Group, IITS Uncensored, and Island In The Sun Residents. I ask that you sign up for the lunch either in the comments of the Facebook posts, or, on the sign up sheet in the clubhouse since I need to make reservations at the restaurant on the Wednesday before the lunch. In 2024 we have lunched at Palm Pavilion, Outpost, O'Keefe's, Pineapple Jacks, Salty Soul, Ozona Pig, Acropol Family Restaurant, Benedict's Untouchables, Bacon Street Diner, Ozona Blue, and Clear Sky Draught Haus. We've feasted on French, Greek, Italian, Mexican, Mediterranean, and American. I have found several new favorite restaurants by going to Ladies Lunch! Come join us in 2025!! All the ladies of Island In The Sun are invited to join us! It's a great way to enjoy the time out with friends and neighbors as well as enjoying just a few of the many great restaurants in the area.

Picture from our lunch at Ozona Blue in November, 2024.

#### **Communications**

otice: Cal-Am will be communicating information to the residents via texts. Would you like to receive text messages? Just go into Rent Café and edit your profile and select text messaging. (no texting and driving please). If you need help setting this up please contact Katy at the office or Tammy Blaisse, we will be happy to help you.

HOA will continue to use Robo call.

#### SIGN UP FOR IITS ROBOCALL TO STAY INFORMED

al-Am has a new way of communicating information to the residents. Would you like to receive text messages? Just go into Rent Café and edit your profile and select text messaging. (no texting and driving please)

HOA will continue to use Robo call.

#### The phone messaging service is used to:

- Remind residents of HOA meetings
- Announce/Remind/Poll activities and events
- Communicate information to specific groups (Bocce, Shuffleboard, etc.)
- Announce safety concerns in the community and surrounding area
- Other uses approved by the IITS HOA Board of Directors.

Please provide your information to Tammy Blaisse at 580-301-4828 or at tammy. I blaisse@yahoo.com. Your information will be used strictly for this messaging service I and will not be shared with anyone else.

Lot#	Telephone Number	
Name(s)	<u>-</u>	

#### **WELCOME WAGON CORNER**

by Rusty (Rosalind) Leslie

Telcome to my little corner of the world. December is here and we are so thankful the cool weather

If you are new to our community and manufactured home living, I will be happy to answer any questions you might have. Our activities are listed in the center of this media guide.

I hope you take advantage of all the activities we offer and that you love living here as much as I do

Have a wonderful December and a happy New Year Rusty (Rosalind) Leslie

I am in Lot 310 - corner of Nassau and Windward. Just come to my screened porch and ring the bell

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Email me at kohanadancer@gmail.com



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COST: \$729\* per person double or \$989 single

## MURDER MYSTERY DINNER TRAIN & SEMINOLE CASINO IMMOKALEE JAN. 26, 2 DAY

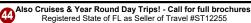
Incl. One-night stay at the Holiday Inn Express in Ft. Myers. A four-hour minimum visit to the Seminole Casino in Immokalee. For those choosing to add the option of the Murder Mystery Dinner Train please add \$135 per person to cover the cost of the Train Ride/Show & delicious dinner with tax & gratuity included. On Day two we will have another 4 hour visit to the Casino COST: 279\* per person double or \$349 Single

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PLUS Lots More on our Website or call for a list

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#### Bingo!! Bingo!! Bingo!!

ingo is scheduled for every other Monday. See you all soon! Thank you ~ Linda Olone



#### **Local Business Recommendation**

What services do you offer to our residents? Are you a handyman, a painter, electrician, house cleaner? Let us know!!

We once had a list of those in the community who offer services to others.

Let's do this again!!

Send me your info – contact info below.

Please help get these lists going!!!

Send any information to Rusty - 865.232.9072 email kohanadancer@gmail.com stop by 310 - message me on messenger - Let's help each other.

Thank you.

Rusty

#### **Ride Share**

ave an appointment at the following places and need a ride:
Mease Countryside Hospital
Mease Dunedin Hospital Campus

Morton Plant Hospital Campus

You can call CareLift for free transportation by Morton Plant Mease volunteers. You must be able to get in and out of the van without assistance, adhere to all safety protocols. The hours are Monday thru Friday 8am to 3:30 pm. Call 727-734-6107 to make your reservations.

If you would like to volunteer to drive the van, they are always looking for people.

#### **Recipe Row**

## White Sangria Ingredients

- 750 ml 1 bottle white wine, I used pinot grigio
- 1/2 cup triple sec
- 1 whole orange thinly sliced
- 1 whole lemon thinly sliced
- 1 whole lime thinly sliced
- 10 strawberries fresh or frozen
- 1/2 litre sprite or ginger ale

#### Instructions

- 1. In a large pitcher mix together white wine, triple sec, orange slices, lemon slices, lime slices, and strawberries. Set in fridge for at least 4 hours.
- 2. Pour in sprite or ginger ale, stirring to combine.
- 3. Pour over ice to serve.





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LIC# C-11631 SP-00005



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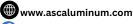




Philippians 4:13

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#### Senior Discounts You Probably Don't Know About, But Should

#### Retail Discounts!! New ones are bolded below

Check local stores to be sure they participate.

- 1. Amazon Prime Amazon offers up to 50% off a monthly Prime membership for seniors who receive government assistance, including Medicaid and Supplemental Security Income (SSI).
- 2. Kohl's 15% every Wednesday. Senior Day
- 3. Bealls 10% Tuesdays. Senior Day.
- 4. TJMaxx 10% Mondays Senior Day
- 5. Ross 10% Tuesday Senior Day
- 6. Walgreens The first Tuesday of every month is Senior Day at Walgreens. Customers 55 and up who are enrolled in the MyWalgreens rewards program can get up to 20% off their purchase, which includes everything from toiletries to snacks. The discount is also available for online shoppers, and it usually lasts for the first week of every month.
- 7. Joann Fabrics 20% one day per month. Call the local store 727-787-2088.
- 8. JC Penney Join the rewards program! get a 30% off JCPenney coupon for your first order, plus you earn rewards for great deals on every purchase.
- 9. Michaels Get your craft on at Michaels, where anyone over 55 can receive 10% off their purchase every day. Bonus: The discount includes sale items. Make sure to register to get your discount, which can be used in store and online.
- 10. Pep Boys Car trouble can be a huge pain. Luckily, AARP reported that Pep Boys customers 55 and older can get 10% off their in-store purchase, which can help alleviate the cost of getting your vehicle in tip-top shape
- 11. Sam's Club wants to give back to seniors, 50 years or older by offering seniors a special membership offer. Qualified seniors who join Sam's Club online as a new member will receive a 60% discount on a Club membership or \$50 off a Sam's Club Plus membership. Join as a Plus member and get free Curbside Pickup, free Delivery from Club on eligible orders of \$50 or more, free shipping on eligible orders of \$50 or more and early shopping at select locations.

#### **Healthy eating Needs of People Ages 60+**

- Enjoy a variety of foods from each food group to help reduce the risk of developing chronic diseases such as high blood pressure, diabetes, hypertension, and heart disease.
- Choose foods with little to no added sugar, saturated fats, and sodium.
- Get enough protein during your day to maintain muscle mass.
- Focus on the nutrients you need, including potassium, calcium, vitamin D, dietary fiber, and vitamin B12.
- With age, you may lose some of your sense of thirst. Drink water often. Low- or fat-free milk, including lactose-free options or fortified soy beverage and 100% juice can also help you stay hydrated. Limit beverages that have lots of added sugars or salt.
- Maintain a healthy weight or prevent additional weight gain by following a healthy dietary pattern and adopting an active lifestyle.

continued on page 25

## Did You Know?

National Spaghetti Day is celebrated every year on January 4th

In January of 1610, Galileo Galilei discovered the presence of moons around Jupiter? This marked the first discovery of moons orbiting a planet other than Earth!

The month of January was named for the Roman god Janus? Janus had two heads, symbolizing one head looking backward and one looking forward.



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## JANUARY • 2025

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## **Islands In The Sun**

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			1 pm Shuffleboard	
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7	New Year's Day	9	10	11
Rummikub	10 am Yoga		1 pm Shuffleboard	
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#### **Be Active**

Being physically active can help you stay strong and independent. For older adults, regular physical activity supports a number of health benefits, including brain function, balance, and bone strength.

- Try to get at least 150 minutes (or two and a half hours) of moderate activity per week. Moderate means any activity that gets your heart beating faster.
- Do activities that make your muscles work harder than usual at least two days of the week. **Resident recommended locally owned restaurants**Let's spend our money with the locals

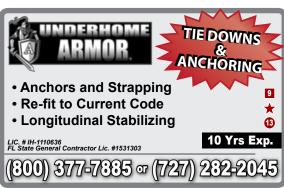
#### "Words of Wisdom"

by Roy Wisdom

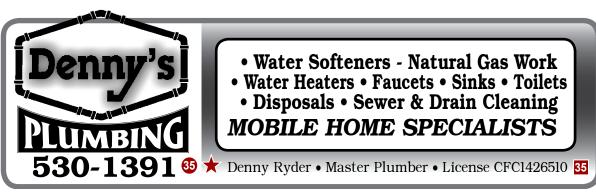
- Those who fly alone, have the strongest wings.
- Great spirits often encounter violent opposition from mediocre minds.
- If you think you can't, you are probably right.
- When you find yourself to be the smartest person in the room, leave the room.
- A persons' limitations are self-imposed.
- You will never win an argument with an idiot.
- If you hit me, be prepared to be hit harder and many more times!
- If you don't fail occasionally, you aren't trying hard enough.
- The result of perseverance is "success".
- If you make the same mistake more than once, you have developed a "bad" habit.
- Accepting criticism leads to growth.
- Being smart is the practical application of intelligence.
- Those who "can" will do, those who can't are spectators.
- Getting what you want isn't as important as wanting what you get.
- Know the difference between winners and losers, surround yourself with winners, have a plan for everything.
- No matter the situation, never let your emotions overpower your intelligence.
- If you don't make a mistake occasionally, you won't learn anything new.
- Something for nothing has no value to either the giver or the receiver.
- When ignorance screams, intelligence shuts up!
- Find something you love, and then fail until you are great at it!
- You can't fall if you don't climb, but there is no reward in standing on the ground.
- Never accept criticism from anyone you would never go to for advice.
- Talent hits a target no one else can hit. Genius hits a target no one else can see.
- This new day is too full of hope and inspiration to waste a single moment on the woes of yesterday.
- Don't gamble if you can't afford to lose.













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- If you are concerned about offending, then you can't be honest about your principles or values.
- Just because that's the way you've always done it, doesn't mean there isn't a better way.
- When you have lost everything....that is a perfect place to start.
- Learn to live fully in the moment! The present time is a gift and it's meant for you to enjoy it, succeed and win with it!
- No job, no title, no company, no boss, and no corporate job is worth your health.
- When you look back on your life, don't have regrets. Believe in yourself, belief in your future, you will find your way.
- Well done, is much better than well said.

#### According to AARP – A Perfect Day of NOT Aging

6-8 am – Wake up. This is generally in sync with your body's circadian rhythm.

7-9 am – Morning Walk. Get sunlight in the morning. It helps your body produce Vit D which slows the aging process.

9-10 am -Breakfast. Protein smoothie with fruit.

Noon – Meditation. Any calming activity such as yoga or prayer can help reduce the risk of cognitive decline. 12 minutes a day can make a difference

1 pm – Lunch. Abundant in fruits and vegetables

3 pm – Exercise. 30 minutes walk or cardio exercise.

4-6 pm – Socialize. Maintain social connections is one of the pillars of anti-aging.

6 pm – Dinner. Healthy eating. Eat during a 8-12 hour window. Fasting for the rest. This shows to have numerous advantages.

10-11 – Bedtime. Going to bed between 10-11pm may reduce heart disease, especially in women. During deep sleep which occurs between 10 pm – 1am, optimal time for the brain to clear out debris and reorganize.

#### **Famous Quotes**

ooking is like driving a car. You have to adjust the wheel along the way" Ina Garten "We all fall and rise. Over and over. Life's a roller coaster. And what a beautiful ride it is" Drew Barrymore

"We are here to add what we can to life, not to get what we can from life." Willaim Osler

"If you change the way you look at things, the things you look at change." Wayne Dyer

"For the great doesn't happen through impulse alone, and is a succession of little things that are brought together." Vincent Van Gogh

"Perfection is not attainable. But if we chase perfection we can catch excellence." Vince Lombardi





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#### Who Sang it?

- 1. "Old man look at my life, I'm a lot like you".
- 2. "You can check-out any time you like/ But you can never leave".
- 3. "I feel wonderful because I see the love light in your eyes. And the wonder of it all is that you just don't realize how much I love you".
- 4. "Guess who just got back today/ Them wild-eyed boys that had been away"
- 5. "War, children, it's just a shot away/ It's just a shot away"
- 6. "And I saw my reflection in the snow-covered hills/ Till the landslide brought me down."
- 7. "If there's a bustle in your hedgerow, don't be alarmed now..."
- 8. "some people call me Maurice"
- 9. "You drive us wild, we'll drive you crazy."
- 10. "Shadows grow so long before my eyes"

#### **Health Fair**

The IITS Health Fair on November 23rd was a great success. We originally planned our health fair in October and we were all set to go when Hurricane Milton decided that it was not going to happen that day. So we had to reschedule everything. Fortunately, most participants had availability for our new date in November.

Our thanks to all who participated, residents and professionals. So much knowledge is available to us all. 211 is a free service and has people who specialize in senior financial needs. They can provide assistance with urgent needs and can help you stay in your home when you meet the requirements. It is an amazing organization who have helped so many people in crisis. We had agents to help with understanding Medicare and which plan is best for you as well as retirement planning and legal services. We had doctor offices who are dedicated to seniors only and specialize in seniors needs. We had a realtor who specializes in assisting seniors in making the right decision in downsizing, staying in the home or selling. They know the laws affecting seniors. We had home care professionals who can tailor their services to your needs.

I was so thrilled to learn about all the resources out there for us seniors. We plan on doing this again next year only bigger and better with no Milton to mess with our scheduling

#### **New Year's Resolutions**

Rusty Leslie

id you know the tradition of making New Year's resolutions dates back to ancient Babylon, around 4,000 years ago? Babylonians made promises to the gods to start the year on the right foot. So, our yearly quest for self-improvement has a history as epic as a dragon's tale!

X

Janus, the Doorway Guardian: The Mystery Behind Name! January is named after Janus, the Roman god with two faces. One looks back at the old year, and the other looks forward to the new one. January derives its name from Janus, the Roman god of beginnings, transitions,

continued on page 32

and doorways. With two faces, Janus gazes both backward and forward, symbolizing the transition from the old year to the new. The month becomes a cosmic doorway, and January 1st marks the threshold where the past meets the future.

The Month of Moonwalk: Michael Jackson's Legacy Shines! January moonwalks into history as the month Michael Jackson first unveiled his iconic moonwalk on TV. Picture this: January 1983, Michael Jackson on Motown 25. He stepped onto the stage, defied gravity, and moonwalked into our hearts. Now, every January, we celebrate the man who taught us to glide on the dance floor like smooth criminal pros!

Weird Weather: Snow in the Sahara Desert! Believe it or not, it once snowed in the Sahara Desert in January. The camels didn't know what hit them, but they certainly rocked the snowflakes like the ultimate fashion statement! In 1979, the Sahara Desert experienced a winter wonderland. Imagine sand dunes turning into snow playgrounds! It happened, and camels became the trendsetters of the desert catwalk, flaunting snowflakes like couture accessories!

Hot Soup Month: Broth Bliss in the Winter Chill! January is officially Hot Soup Month. Hot Soup Month emerged as a remedy for winter chills. People realized that nothing warms the soul like a bowl of hot soup. It's like a liquid hug that started as a tradition and turned into a worldwide flavor fiesta!

National Hangover Day: The Morning-After Symphony! January 1st isn't just New Year's Day; it's also National Hangover Day! The clinking of glasses is replaced by the symphony of aspirin bottles and regretful moans. A day to recover from the night of celebrations and welcome the new year with a humorous morning-after melody!

Polar Bear Plunge Day: Brave the Chilly Waters! January 1st isn't just for resolutions; it's also Polar Bear Plunge Day. Polar Bear Plunge Day began as a wild and chilly tradition. Brave souls decided to start the year with a refreshing dip, proving that even icy waters couldn't dampen their spirits. The plunge became a symbol of courage, resilience, and the perfect excuse for a post-dip hot cocoa celebration. So, gather your courage, take the plunge, and toast to a fearless start!

Cuddle Up Day: Blanket Forts and Pillow Palaces! January 6th is Cuddle Up Day – the official license to build pillow forts, stock up on hot cocoa, and invite your favorite friends and stuffed animals for a snuggle party. Cuddle Up Day started as a rebellion against winter's chill. It's a day to cocoon in blankets, sip hot cocoa, and declare, "Winter, we're turning you into a cuddle paradise!"

World Laughter Day: Because Giggles Are Universal! January 10th marks World Laughter Day. Spread joy by telling jokes, sharing funny stories, and engaging in contagious laughter. After all, laughter is the universal language that even snowflakes understand! World Laughter Day was born from the belief that laughter can heal and connect us all. Originating from the laughter yoga movement, this day encourages people to embrace the power of laughter for a healthier and happier world. January 10th is a reminder to find humor in the simplest things and let laughter create a ripple effect of positivity.

Penguin Poop Day: Nature's Fertilizer Festival! January 20th became Penguin Poop Day to honor the unsung heroes of the Antarctic – penguins and their nutrient-rich contributions to the ecosystem. Penguins waddle, they slide, and yes, they fertilize. It's a day to appreciate nature's quirky cycle and the stylish tuxedo-clad fertilizers! It's also Penguin Awareness Day Slides In! January 20th is also Penguin Awareness Day? Penguin Awareness Day honors our feathered friends and the cool charisma they bring to the Antarctic catwalk. It all started when people

...continued on page 35
ISLAND IN THE SUN SENTINEL JANUARY, 2025 E



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realized penguins aren't just black and white; they're the real MVPs of the polar party scene!

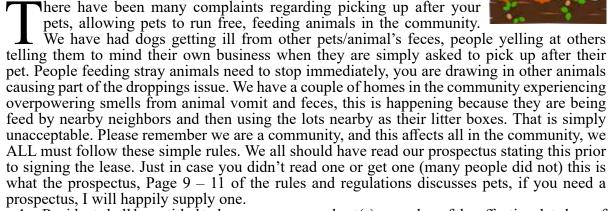
Bald Eagle Appreciation Day: Majestic Feathers and Freedom! Bald Eagle Appreciation Day January 20th is Bald Eagle Appreciation Day. Bald Eagle Appreciation Day salutes the regal symbol of freedom. The bald eagle, with its majestic feathers and soaring spirit, became a national icon. January 20th marks a day to honor these winged wonders, reminding us of the importance of preserving freedom and the beauty of nature's top hairstylists!

Hug an Animal Day: Furry Friends Deserve Love Too! January 21st is Hug an Animal Day. Hug an Animal Day emerged from the simple joy of connecting with our furry friends. It's a day to appreciate the warmth and companionship animals bring into our lives. From pets to backyard critters, January 21st invites everyone to share a moment of affection.

Squirrel Appreciation Day: Nutty Neighbors and Acrobats of the Trees! On January 21st, we celebrate Squirrel Appreciation Day! This day scurried into existence to honor these bushytailed acrobats. It's like a grand squirrel festival where we tip our hats to the fluffy artists of the treetops. Did you know this day sprang to life in 2001 as a nod to wildlife? Nutty, right?

#### **PETS**

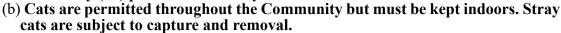
Tammy Blaisse



- 1. Resident shall be entitled to keep any approved pet(s) owned as of the effective date hereof (the "Existing Pets"), but Resident shall not be entitled to replace the Existing Pet(s) or acquire any additional pets without the prior written consent of Community Management. Resident acknowledges that in the event any of the Existing Pet(s) die or otherwise leave the Community they shall not be replaced, and that when the Existing Pet(s) either die or otherwise leave the Community, Resident shall reside in the Community without a pet in compliance with these Rules and Regulations, unless first obtaining prior written consent of Community Management for a replacement pet. Within thirty (30) days of the effective date hereof, Residents owning Existing Pets shall register with and provide to Community Management a current photo of said Existing Pets, a copy of current veterinary records specifying the name, breed, age, weight and vaccination record of pet, and a completed Community pet registration form
- 2. All pets must be approved by Community Management in writing before the pet's owner ...continued on page 36

moves into the Community, or before Resident obtains a pet after movein. A photo must be submitted in all instances.

- 3. The following regulations must be complied with at all times by Resident and their pet(s):
  - (a) Residents may keep no more than two (2) domestic animals as approved by Community Management. Pets may not weigh more than thirty (30) pounds at maturity.



- (c) Noisy or unruly animals, animals considered dangerous or vicious by Community Management, and animals with respect to which other Residents file justifiable complaints with Community Management must be removed from the Community. Any animal which has been removed from the Community under this rule shall thereafter not be permitted within the Community.
- (d) Certain breeds of dogs whose temperament and disposition are generally regarded to be dangerous or vicious are not allowed within the Community under any circumstances. This includes, but is not limited to, American Staffordshire Terrier (also known as a Pit Bull"), Rottweilers, Doberman Pinschers, German shepherds, Presa Canaries, Boerboels, Cane Corsos, Akitas, bulldog breeds, chows and any wolf or mixed breed of wolf and dog.
- (e) No venomous, constrictors or poisonous animal of any kind shall be permitted in the Community, nor shall Mynah birds, piranhas or eels of any type be permitted.
- (f) Exceptions for size and weight will be made for service animals for use by the disabled. Proof of disability under ADA requirements will be required.
- (g) Pets are not permitted to run free and must be carried or kept on a leash not to exceed fifteen (15) feet in length at any time the pet is outside of Resident's home.
- (h) Any animal left roaming the Community unattended may be removed by Community Management.
- (i) Pets may not be walked on the lawns of any lot in the Community, other than Pet Owner's lot and/or Community common areas and/or posted designated pet areas.
- (j) Pets may be walked on all streets in the Community. When walking the pet, Resident must have with them at all times a suitable means to pick up and properly dispose of all pet litter immediately. Pet litter must not be buried or covered over but must be put in a suitable closed container and placed in the garbage for trash collection. It is Resident's responsibility to maintain their lot free and clear of pet litter at all times.
- (k) Pet owners must comply with all applicable state, county and local laws.
- (l) No fences are permitted. Previously approved fences existing prior to April 28, 2014, are permitted provided they are well maintained. All fencing on a home site must be removed prior to the sale of the home. When any fence is removed from the lot, the lawn area must be repaired and restored to the condition of a well maintained lawn in the Community.
- (m) Excessive noise is not allowed, and pets must not annoy Resident's neighbors. Pets must not be left alone if they bark, cry or whine when by themselves.

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- \* Storm Damage\* Patio Covers
- \* Screen Rooms

- \* Awnings
- \* Carports
  \* Rescreening

**New Construction & Repairs!** BigKeenanWorks@gmail.com



- (n) No pets are allowed in the Community recreation areas at any time.
- (o) If for any reason your pet becomes lost or runs away, please notify Community Management once to assist in its prompt return.
- (p) Pets belonging to guests or visitors or not allowed in the Community, even for a brief visit.
- (q) If a complaint concerning a pet is received by Community Management and determined justifiable, the applicable Resident will receive a warning. If a second complaint concerning the same pet is received by Community Management after Resident has received the first warning, and Community Management determines the second complaint is justifiable, Resident may be required to permanently remove the pet from the Community with approval from the Community Management.
- (r) Resident shall at all times be responsible for any and all damages caused by Resident's/Guest's pet to property of the Community or another Resident in the Community and for any and all injuries caused by Resident's/Guest's pet.
- 4. Resident shall not conduct any breeding or commercial enterprise or activity in the Community.
- 5. All pets must meet state and county licensing requirements. All pets, with the exception of birds and fish permitted above, must be registered with the Community Management Office and show current proof of all vaccinations, shots, etc., required by law.
- 6. The feeding of stray animals in the Community is strictly prohibited.

#### **Winter Wellness: Health Tips for Colder Days**

s winter settles in, it brings with it colder weather, shorter days, and, well, colds. This time of year has certain challenges for our health, ones that require more than a light jacket for preparation.

If you are looking for some ways to stay warm and sneeze-free this winter season, check out our tips for staying hale and happy through the cold:

- Boost Your Immune System Your first line of defense is your most important. Nourish your immune system with healthy food like fruits, veggies, and whole grains. Foods or supplements with omega-3 may also help.
- Stay Active Sleeping away winter on your couch may sound cozy, but it may not be the healthiest choice. Try indoor activities like yoga, pilates, or calisthenics. Bundle up and go for outdoor walks as well.
- Winter Hygiene Just because you are careful doesn't mean others always are. Wash your hands at home, and especially when you've been in public.

Focusing on your health can help you avoid illness and may help you enjoy the season more than ever. Here's to your health!

View this Newsletter in full color at www.monthly-media.com right click with mouse to download to your computer

#### **Birthdays and Anniversaries**

#### **January Birthdays**

- 3 Tom Thostenson
- 10 Robert Burke
- 12 Cindy Sadusky
- 14 Brenda Gerry
- 21 Donald Blue
- 21 Clayton Malseed
- 23 Susan Ceurvels
- 27 Theresa Amato

#### **January Anniversaries**

3 Harry & Terry Black



We would love to add your birthday and anniversary to our list! E-mail your name and date to linda.olone@gmail.com so your friends and neighbors can help you celebrate your special days!



### January Sudoku

		6			7	8	
9				5			
	1				4		2
			4		8		9
			5	9		2	
	3						1
	4		8	7			
						3	
6		2			5		





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## **EMPORIUM**

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#### **EVENTS & PROGRAMS**

Bingo: Lake Seminole Resort. 10245 110th Ave. Largo. Monday, January 6th at 6:50 pm. Doors open at 5:30, Cards on sale until 6:30

Annual Carport sale, Lincolnshire Estates: 1071 Donegan Rd., Largo FL 33771. Saturday January 11th 8AM to 1PM. Over 50 homes: housewares, arts & crafts, clothes, furniture, tools and lots more. Maps available at entrances.

Rummage & Bake Sale: 1/11/25 8AM-Noon Golden Crest Clubhouse, 800 Main St. Dunedin

Largest Garage Sale in southwest Florida! Northwood Presbyterian Church, 2875 State Road 580, Clearwater, FL 33761 will hold a gigantic sale on January 16th, 17th, 18th from 8:00am - 2:00pm. There will be something for everyone. Contact Susan Curry 727-709-8237 for information.

Shoreline Palms MHP (formally Caribbean Isles) Annual Rummage and Craft Sale. 12100 Seminole Blvd., Clubhouse. January 18th, 2025. 9AM-1PM. Food available. Raffle Baskets and White Elephant.

#### **EVENTS & PROGRAMS**

Annual Rummage Sale: Saturday, January 18th 2025. 8am to 1pm. Boca Ciega Mobile Home Park Clubhouse 11200 Walsingham RD., Largo. Lunch Available.

Flea Market! Teakwood West Largo. January 18th, 8-1pm, Ohana Clubhouse. Large Selection of home goods, furniture, clothing, jewelry, baked goods, and lots more!

Sat. Jan 25, 2025 - Community Sale - 8:30AM - 1:00PM. Paradise Island Section of Lake Haven MHP. Main St. (SR580) & Lake Haven Rd. (W of Keene/CR1) Dunedin. Housewares, Linens, Small Appliances, Bakery, Jewelry, Raffle Baskets, 50/50 drawing, Lunch.

Point West M.H.P Bazaar and Flea Market. January 25th, 8am-2pm. 12651 Seminole Blvd, Largo. Furniture, Clothes, Household Electroics, Jewelry & Misc. Chinese Auction, 50/50 & Food

Sunset Palms MHP Annual Huge Community Yard Sale. Sat., Jan 25th 9-2pm. Raffles, Open Houses, Kitchen Open, Food Carts, Start in Clubhouse!

#### **EVENTS & PROGRAMS**

Carport Sale Feb. 1, 2025. East Bay Oaks and Eldorado Village. 601 Starkey Rd and 2505 East Bay Dr. 8am-2pm. NO EARLY BIRDS

Huge carport sale outside and inside. Browse in comfort! Furniture, art, housewares. Saturday, February 15th 8am-NOON 9790 66th St. North, Pinellas Park, Refreshments available.

Sat. March 1st, 8-12noon. Flea Market, Colonial Village, 2000 East Bay Drive, Largo. Furniture, Kitchen appliances, housewares, bicycles, clothing, homebaking.

#### FOR SALE

For Sale: Genuine 1940's Fiestaware. Call Helen in Largo - 302-540-1778

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#### OTHER

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#### FEBRUARY AD DEADLINE - JANUARY 10, 2025

Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at 220 Bahama St, Venice, FL 34285. Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. Each new word indicated by a space, numbers included. No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email.



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- 1. Patronize the advertisers in this month's newsletter
  - 2. Ask the business for your Monthly Mania ticket, OR a copy of your receipt and clip this ad
  - 3. Mail it back to us at: Monthly Media | 220 Bahama St. Venice, FI 34285
  - 4. Every month we draw new tickets for CASH PRIZES and mail winners a check! Every month is a new chance to win!

Ellen Safka \$	\$100	ASC
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Joy Billis	\$10	Air Masters of Pinellas
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Roxy Marsh	\$10	Ron Wyngarden Mobile Home Wash
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Terri Campbell	\$10	Boss Electric
Coleen Boudreau	\$10	Battleline Termite & Pest Control
Delight Orzechowski	\$10	Air Masters of Pinellas
Cheryl Hewak	\$10	Royal Enterprise
Tammy Wrest	\$10	All Weather Roofing
· ·		

Dorothy Clegg \$10	Battleline Termite & Pest Control
Wesley Weisbrod \$10 1	Ron Wyngarden Mobile Home Wash
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David MaCaskill \$10	Air Masters of Pinellas
Debbie Creighton \$10	Royal Enterprise
Tom Sagitas \$10	Battleline Termite & Pest Control
	Boss Electric
Ron Peterson \$10	Air Masters of Pinellas
Greg Cadieux \$5	ASC
Evelyn Ruppel \$5	Battleline Termite & Pest Control
Mel & Cis Ôickle \$5	Royal Enterprise
Connie Rockwell \$5	Air Masters of Pinellas
Lois Ayotte \$5	Jones & Sons Plumbing
David & Sue Upchurch. \$5	Battleline Termite & Pest Control

Not enough qualifying winners for the December drawing! Mail in your tickets or paid receipt for your chance to win!

• Limit of one ticket per visit • Advertiser may have up to 5 winners per month • Advertiser must have bill paid current to qualify • Allow 8-12 weeks for mailing of check • No purchase necessary • Contest void where prohibited by law • Tickets available at participating Monthly Media advertisers • ISLAND IN THE SUN SENTINEL JANUARY, 2025 E

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